

OUTSPOKEN

Newsletter of Santiam Spokes, Inc. • Volume 15, No. 02 • November 2006

THANK YOU!

By Dennis Murphy, President

I would like to speak collectively for both the current and the past members of the Santiam Spokes, when I offer my appreciation and warm thank you to those who volunteered their time and energy during the past year to help make our club as successful as it has been.

In this past year we had good, entertaining, rides planned for every weekend of the year and a successful summer tour. Members volunteered to be ride leaders, to help plan the rides, to make the maps, to provide support vehicles when needed. While on the rides, people volunteered their repair skills and knowledge when the inevitable mechanical problem appeared. On some rides, our members shared their warm and cozy homes with us. All of us volunteered at one time or another to keep an eye on a rider having difficulties, offer encouragement on a difficult hill, or warn of an approaching vehicle. Our monthly meetings have often included educational and interesting presentations relating to

bicycling, along with other topics of interest to club members. It takes time and thoughtfulness to plan and arrange those presentations.

We reached out to the community and spent a morning at the fire department, helping so many, many, young children get their bikes checked for safety. We fitted helmets and talked even more safety. To see the smiles of appreciation, and the happy twinkle in the eyes of these children as they got back on their bikes, is something you will never forget.. Some members went even further by volunteering to help at the local schools with bicycle safety programs. A significant part of the proceeds from our successful Strawberry Century Ride were once again donated to the Lebanon Community Hospital Foundation. We also made financial donations to organizations that promote bicycling, like Adventure Cycling, the BTA and Get in Gear.

The Strawberry Century is successful each year due to the fact that so many

November Annual Awards Ceremony & Meeting

Thursday • 7:00 pm

November 2, 2006

Samaritan Lebanon Community Hospital
525 N. Santiam Hwy, Lebanon

The November Meeting will be our annual awards ceremony. Come and join us in showing our appreciation to the folks who help to promote our club, and bicycling in general. It promises to be a great evening for everyone!

Scio Covered Bridge Ride Pedal & Potluck!

**Saturday,
November 18**

Annual Scio Covered Bridge Ride and Thanksgiving Potluck

Meet at Roger Gaither and May Garland's home in Scio (38795 N. Main St.). Plan to start the ride according to the times suggested below, or choose a time that you will be sure to be back by 12:30 for our Thanksgiving feast at the Gaither/Garland home. Bring a potluck dish to accompany the turkey and ham that will be provided. If your last name starts with the letter A - G, bring a dessert; if your name starts with H - Z, bring a salad or vegetable. Drinks and table service will be provided. Roger and May will show pictures of their recent ride across the USA. This meal will replace the annual progressive Thanksgiving dinner event.

8 mile, 11:30 a.m., Terrain category I
16 mile, 10:30 a.m., Terrain category II
31 mile, 9:30 a.m., Terrain category II
46 mile, 8:30 a.m., Terrain category III

Cont. from page 1

people, year after year have donated hours and hours of their time to take care of all of the details involved in getting an event like that to run smoothly. Painting the roads, cutting the strawberries, advertising, registration, food, dealing with the local authorities, insurance, coordination, financial accounting, the list goes on and on of things that need to be done, and the need to have volunteers to help get them done. The volunteers are always there!

This newsletter takes a lot of time to assemble the information and to lay it out. Membership lists need to be maintained. Financial records need to be kept. Presentations for our monthly meetings need to be planned and arranged. The website needs to be maintained. The historical records of the club need to be saved. The Strawberry Century needs to have a coordinator. Every year members have stepped forward to fill these positions. Most of these volunteers know very well the commitment that they are making will involve a great deal of time and effort.... And yet they do it!

It is dawning on me, that along with the fact that we all have a love of bicycling in common with each other. The other thing that we all seem to have in common, is the willingness to volunteer to help when asked, or even, rather often, without needing to be asked. What a special and honorable characteristic to share.

After our regular business meeting on November 2nd, we are going to take some time to give some special recognition to some of the volunteers during the past year. They deserve that recognition, we all deserve it! So please make an effort to be there, so we can say thank you in person to the leaders of the past year, and to each other for volunteering all of that time that has made our club something very, very special to ourselves, and to our community.



Minutes of the October Meeting

October 5, 2006

By Laura Engel

Meeting started at 7:00 pm

NEW OFFICERS:

President: Dennis Murphy

Vice President: Al Rimer

Treasurer: Wanda Knight

Ride Captains: Mary Ellen Lind, We are in need of a second ride Captain.

Membership: Ron Kropf

Website: Roger Gaither

Secretary: May Garland & Laura Engel will fill in when May is not available.

Newsletter: Kari Kropf

Webmaster & Publicity: Roger Gaither

Historian: Connie Taylor

Strawberry: Bill Pintard

MINUTES OF THE OCTOBER MEETING

The minutes from the last meeting were approved

AMENDMENT TO BYLAWS

Adding the Strawberry Century Chairperson to the board, Approved.

AWARDS CEREMONY

Bill Pintard filled us in on the Jack Thomas award. Everyone should be encouraged to fill out the ballot and turned in before the November meeting. We need feedback for the awards

ceremony coming up. If anyone has ideas on an award for someone, please turn them in to Mary Ellen Lind.

TREASURER'S REPORT

We have \$14,500 in the account. The paypal account has \$600. \$6500 receipts/expenditures.

There was a discussion on how to select recipients for donations from the proceeds of Strawberry Century. Suggestions as follows:

- Get In Gear program-this program may not happen next year for lack of volunteers to help.
- Bike Safety Program (BTA sponsored) for materials (approximately \$25 per student).
- League of American Bicyclists
- Share the Road program: advertising, posters.
 - This is a nationwide program
 - Education
- BTA (Bicycle Transportation Alliance) - \$1000
- Advertising, Signage - educating the public
- Camp Creative / Metal Cowboy
- BTA - resources, financial support
- Boy scouts / merit badge ride
 - lead a ride for for scouts to earn badges.

CHRISTMAS PARTY

December 8, 2006. This is a Friday evening. Thursday was unavailable. It will be a semi-potluck. It will be held at Santiam Place. More details next month.

Meeting adjourned

Corvallis to Albany Rails with Trails Project Rails with Trails Status Update

The Corvallis to Albany Rails with Trails Project (design and right-of-way) made it through the first round! Now comes the secondary step of showing the vast support for the project through public entities, private individuals, and special interest groups. The public comment period is open from October 1 through November 30, 2006. Agencies, interest groups, and the general public may submit letters to support a specific project, or explain which projects are most important on a statewide basis (See the ODOT website link for a list of projects:

<http://www.oregon.gov/ODOT/COMM/docs/TransportationEnhancementActivities.pdf>).

ODOT will consider local priorities in deciding which projects advance to the TE Advisory Committee for final evaluation and selection.

Please send letters and comments to:

Patricia R. Fisher

ODOT Transportation Enhancement Program
355 Capitol St NE #326
Salem, OR 97301

Email comments should go to:

patricia.r.fisher@odotstate.or.us

Comments will be accepted through November 30, 2006.

Final project selection will take place in January 2007 with approval by the Oregon Transportation Commission in February or March 2007.



SANTIAM SPOKES

Bike ride/routes questionnaire - for those who want to ride with the bike club on Saturdays

Please provide your ideas and suggestions for the bike rides that the club will sponsor next year.

You are invited to join a ride committee that will meet every couple of months to give feedback and direction for the rides. Please let me know if you would like to be involved in this way.

We want to offer rides that give the most enjoyment at the right level of challenge for the majority of riders. Please offer the following information:

1. Which ride(s) do you recall that you enjoyed the most last year? Please name a ride and describe why you liked it.

2. We have started to categorize the terrain of rides according to:

Category I: Flat to low rolling hills (quite easy pedaling)

Category II: More frequent rolling hills, possibly several short, steep hills (a hearty workout)

Category III: Moderate, longer hills, with a few steep climbs (need to be experienced and in good biking condition).

Category IV: Frequent hills, some long and steep climbs (these are tough rides and will take endurance).

What is your preference: (circle)

- Category I • Category III • Category II • Category IV
- Mixture of all Categories

Comments: _____

3. What is the distance you prefer riding? (circle)

- 20 - 30 miles • 30 - 40 miles • 40 - 50 miles • More

4. We offer routes that start from many different locations, some are a considerable distance. It depends where you live, of course, but generally, are you willing to drive a distance to get to the start of a ride? (i.e., 1 - 2 hours)

(circle) • YES • NO

5. How often did you join the Saturday rides last year? (circle)

- One or more a month • One or two a quarter • Seldom

Other comments: _____

THANKS for your comments.

Please return questionnaire to - Mary Ellen Lind, 2851 SE Linda St., Corvallis, OR 97333

Mary Ellen Lind
2851 SE Linda St.
Corvallis, OR 97333

November & December Rides ~ 2006

KEY FOR ROUTE DESCRIPTION

The TERRAIN of each route:

Category I:	Flat to low rolling hills (quite easy pedaling).
Category II:	More frequent rolling hills, possibly several short, steep hills (a hearty workout).
Category III:	Moderate, longer hills, with a few steep climbs (need to be experienced and in good biking condition).
Category IV:	Frequent hills, some long and steep climbs (these are tough rides and will take endurance).

The overall average group speed for our club is 12 - 14 mph. Some bikers choose to ride faster and sprint ahead of the group and some bikers ride slower. Each person may set his/her own pace. The ride leader usually selects places along the route where the bikers re-group, usually at a turn in the route.

Saturday, November 4 10 a.m.

Jefferson to Stayton

This is a variation of a familiar ole' route that starts at Jefferson Middle School. Ride a few hills including a long climb up to Ridge Drive (great lookout and terrific descent!) on the way to Stayton. After lunch return over a calmer route back to Jefferson. Terrain category II. Approximately 35 miles.

Ride leader: Ken Fullen, Ph. 541-327-2084

Saturday, November 11 10 a.m.

Santiam Terrace

You get to join a ride that will challenge you with some bigger hills. Start at Samaritan Lebanon Community Hospital, ride some of the Strawberry Century route (with exceptions like Fern Ridge Rd) to Sweet Home for lunch. Return by way of Cascade drive and Crowfoot into Lebanon. Terrain Category III. Approximately 50 miles. Ride Leaders: Lyn and Seph Reese, Ph. 503-581-7620

Saturday, November 18

8 mile, 11:30 a.m., Terrain category I
16 mile, 10:30 a.m., Terrain category II

31 mile, 9:30 a.m., Terrain category II
46 mile, 8:30 a.m., Terrain category III

Scio Covered Bridge Loop

Meet at Roger Gaither and May Garland's home in Scio (38795 N. Main St.) and select the distance and difficulty level that you want to ride. Plan to start the ride according to the times suggested above, or choose a time that you will be sure to be back by 12:30 for our Thanksgiving feast at the Gaither/Garland home. Bring a potluck dish to accompany the turkey and ham that will be provided. If your last name starts with the letter A - G, bring a dessert; if your name starts with H - Z, bring a salad or vegetable. Drinks and table service will be provided. Roger and May will show pictures of their recent ride across the USA. This meal will replace the annual progressive Thanksgiving dinner event.

Saturday, November 25 10 a.m.

Luckiamute Loops

STAGE RIDE OPTIONS: Bikers have choice of 28 or 56 miles.

All rides start at Monmouth's City Park off of Main Street.

Option 1 (terrain category III), goes west out of Monmouth and returns to Monmouth for lunch. After lunch you may stop or continue to bike. **Option 2** (terrain category II), goes east and returns to Monmouth. **Option 3**, bikers may choose to start with the group lunch at about 12:30 then ride east with the option 2 folks. Each option is about 28 miles. Probably the weather will help us make riding decisions on this day!

Ride leader: Mary Ellen Lind, Ph. 541-738-8600

Volunteer to Lead a Ride!

If you would be interested in leading one of these upcoming rides or have suggestions for other rides, please contact:

Mary Ellen Lind, 541-738-8600, 541-231-6973,

DECEMBER RIDES

December 2 Dever-Conner Ride
December 9 Albany to Lebanon
December 16 Peoria Road Loop
December 23 Lebanon to Brownsville
December 30 Crow Valley Loop - Eugene

DIRECTIONS TO START LOCATIONS

Samaritan Lebanon Community Hospital

• 525 N. Santiam Hwy, Lebanon

From North: I-5 exit 233 go east on Hwy 20 to Lebanon. Just north of Lebanon the hospital is on the left. Park in back.

From South: I-5 exit 228/Hwy 34: I-5, East on Hwy 34 to intersection with Hwy 20 in Lebanon, left on Hwy 20 about 1/2 mile. Lebanon Hospital on right. Park in back.

Linn County Fairgrounds • Albany

From North: Take exit 234A (toward Fair / Expo / Knox Butte) Becomes Airport Rd. SE. Turn right onto Pacific Blvd. SE. Stay straight to go onto Knox Butte Rd. End at 3700 Knox Butte Rd. Park in Fair/expo parking lot near flagpoles.

From South: Take exit 234. Turn right onto Knox Butte Rd. Park in Fair/Expo parking lot near flagpoles.

Jefferson Middle School • 1344 N. 2nd, Jefferson

From I-5 exit 238 head east on Jefferson Hwy to Jefferson. Just past the signal the Hwy turns left and becomes North 2nd St. Stay on 2nd St. to Middle School. The school is on the left.

Roger & May's House • Scio Oregon

38795 N. Main St., Scio ~ Across from Homestyle Restaurant. From I-5 exit 233 take Hwy 20 to Hwy 226. Follow Hwy 226 to Scio. Stay on Main Street. Roger & May's house is just past city center across the Street from Homestyle Restaurant.

Monmouth's Main Street Park

From Corvallis, turn left off of Hwy 99W at the traffic light at intersection of Hwy 99 and Main St. Go about 4 blocks into the town of Monmouth. The park is on right side of the street. Park on Main St. along the park.

Visit our Website at
www.santiamspokes.org

November 2006 Cycling • Santiam Spokes

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Visit our website:
www.santiamspokes.org

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Wed. Wanderers
 Start at the Linn County Fairgrounds flagpoles at 10 am. For info or to start a ride call: Call Bill Pintard @541-967-3295 or Ken Fullen @541-327-2084

CLUB MEETING
 7:00 pm
 Samaritan
 Lebanon Community Hospital
 525 N. Santiam Hwy.
 Lebanon

Saturday Nov 4, 2006 10:00 am Jefferson to Stayton
 Starting Location: Jefferson Middle School
 Distance: 35 Miles,
 Description: Cat. II
 Ride Leaders: Ken Fullen, Ph. 541-327-2084

Wed. Wanderers
 Start at the Linn County Fairgrounds flagpoles at 10 am. For info or to start a ride call: Call Bill Pintard @541-967-3295 or Ken Fullen @541-327-2084

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Saturday Nov 11, 2006 10:00 am Santiam Terrace
 Starting Location: Samaritan Lebanon Community Hospital
 Distance: 50 miles
 Description: Cat. III
 Ride Leaders: Lyn & Seph Reese, Ph. 503-581-7620

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Please submit material for Outspoken by today to Kari Kropf: kropfrk@comcast.net PO Box 1183 Lebanon, OR 97355 541.451.4446

Wed. Wanderers
 Start at the Linn County Fairgrounds flagpoles at 10 am. For info or to start a ride call: Call Bill Pintard @541-967-3295 or Ken Fullen @541-327-2084

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Saturday Nov 18, 2006, Asst. start times Scio Covered Bridge Loop
 Starting Location: Roger & May's House • Scio Oregon
 Distance: choice of 8, 16, 31, 46 Miles
 Description: Cat I - III
 Ride Leaders: None
 See page 2 for details

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Wed. Wanderers
 Start at the Linn County Fairgrounds flagpoles at 10 am. For info or to start a ride call: Call Bill Pintard @541-967-3295 or Ken Fullen @541-327-2084

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Saturday Nov 25, 2006 10:00 am Luckiamute Loops
 Starting Location: Monmouth City Park
 Distance: 28 and 56 miles
 Description: Cat III, Cat II
 Ride Leaders: Mary Ellen Lind, Ph. 541-738-8600

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Wed. Wanderers
 Start at the Linn County Fairgrounds flagpoles at 10 am. For info or to start a ride call: Call Bill Pintard @541-967-3295 or Ken Fullen @541-327-2084

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