



AND THE WHEELS KEEP TURNING... or "Oh, Baby! Who put these hills here?"

By Beverly Henderson



Saturday, April 9, dawned clear and sunny. The air felt clean and fresh. Driving north I kept marveling at the scenery around me, the ground fog just starting to dissipate, the sun peeking over the top of the Coburg Hills. Absolutely another day in paradise!

No one got lost on the way to Maud Williamson Park for the start of the Tulip Festival Ride. We were all ready to go by 9:45 so we took off on the start of what ended up to be a most fun and exciting ride. Despite a couple of missing roads on the route sheet and one person (Wild Bill) taking the wrong turn, we all got to the Tulip Festival safe and sound. The fields were a virtual riot of color. We wandered through the field and marveled at the many different colors and styles of tulips. Have you ever seen a greenish-white tulip? It's called "Spring Green" and was by far my favorite.

We stopped in Mt. Angel on the way back for lunch at the Burger Time. It's a small mom-and-pop type of restaurant, great food and very

reasonable prices. We somehow missed a turn going out of Mt. Angel, but eventually found our way to Howell Prairie Road, which is where we were aiming for. As we rounded a bend and started over a hill I started laughing so hard I just about fell off my bike. Remember Wild Bill and the wrong turn? Well, that's where I caught him and got him turned around. We continued on Waconda Road back to the ferry 'cross the Willamette (apologies to Donovan) and the park.

The ride on the next Saturday (April 16) was a little different. This one was around Eugene and Junction City. Dennis, Mary Ellen and I started from the Alton Baker Park in an almost non-existent drizzle. We got hit by only one hard rain shower, then there was no more rain and the sun even struggled through the clouds a couple of times. The route got interesting once we got past Fern Ridge Reservoir. That's when the hills started and kept on coming. I've ridden this route before so I

knew what was coming up, but it was new for Dennis and Mary Ellen. That's when Dennis said, "Where did these hills come from? Who put these hills here?" I said it was probably Mr. Smyth, and there's his house over there. The sign said the farm has been there since 1872. About then we saw our first herd of buffalo. Yep, right out of the Wild West. The calves were cute and spindly-legged. The road finally flattened out by the time we got closer to Junction City. We went past three deer, one bald eagle, two herds of buffalo, and lots of sheep on our ride. The vistas of the farms and fields in the southern Willamette Valley were magnificent and colorful with fruit trees still in bloom and the camas blooming in the fields.

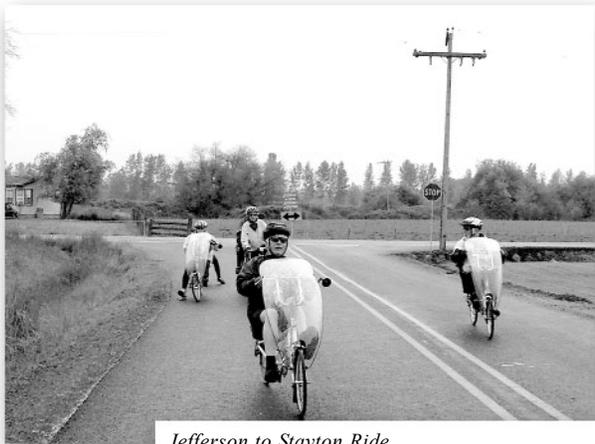
Everyone seemed to enjoy themselves on these rides. No rain (or not much), some wind, lots of fun and exciting roads to ride on. There's never a dull ride in paradise, but always something new. Happy trails.

continued from page 1

Brownsville, past Boston Mill, and back to the high school. At the finish each rider enjoyed a Strawberry Wheel. The Strawberry Wheel was a cake doughnut topped with ice cream and strawberries. Members still riding with the club through many of these years include, Sally Skaggs, Lloyd Lambert, Ace Johnson, Jo Johnson, Susan Greenup, May Garland, Roger Gaither, and Ken Fullen.

Dian Gerstner has been in charge of the last two Strawberry Century rides. This will be her third one and we might just make Tim Merzenich's prediction of 800 riders. We are a small club and to put on an event of this size is a mammoth undertaking. We are trying to feed 500-700 very hungry riders over very long distances and also provide bathrooms, water, and rest areas. Not to mention cutting up fresh strawberries and serving 500-700 riders at the finish. Dian Gerstner has done a great job in the past. But only with your help and stepping forward to volunteer can we have a successful Strawberry Century. The date is Saturday, June 11, 2005. If you have a friend bring them along to help. We need pointers for several hours or for all day, and people to help with food and drinks, and registration. Call Dian at 926-1188, to lend your support.

--ct



Jefferson to Stayton Ride.



April Rides

Club Information

Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2004/5 Club officers are: Membership > Mary Ellen Lind, 541-738-8600. President > Charles Taylor, 541-258-1850; Vice-President > Bev Henderson, 541-461-3884; Ride Leader & Newsletter > Roger Gaither, 503/394-3696; Secretary > Kari Kropf, 541-451-4446; Treasurer > Dennis Murphy, 541-738-8600; Historian & Publicity > Bill Pintard, 541-967-3295; Web Master > Larry Fratkin, 503-526-3977. Membership information and form are posted on our web site (santiampokes.org), or call any of the officers.

Minutes, April 7, 2005

by Kari Kropf

Charles Taylor called the meeting to order at 7:00. The minutes from the March meeting were approved. Dennis Murphy gave the Treasurer's Report. We have \$8492 in the account. Several members added that there were some donations to add to the account.

Mary Ellen gave the membership report. She gave a short presentation on the packet that is sent out to all new members. Also, the April memberships are due. Mary Ellen needs more membership cards printed up and Kari Kropf mentioned that we need new letterhead and envelopes printed up with our new name. Kari will contact Pride printing about getting these items printed.

Bill Pintard gave the Ride Report. We have the Tulip Ride coming up in April and The 2-day Newport Ride coming up at the end of the month. Salem's Bicycle Club's Monster Cookie Ride is also coming up in April. In May we have the Bike rodeo/Corvallis ride, the McDowell Creek Park Ride, Jefferson to Scio

(Lamb & Wool Festival) Ride, and the Memorial Day weekend ride at Sisters, Oregon.

Bill also was our guest speaker for the evening. He gave a presentation on basic bike care and maintenance as well as a pre-ride checklist of things to do before starting out on a ride.

Dian went over the latest information on the Strawberry Century. Shirley, who does our maps, has offered to donate the maps this year. This is a major donation. It was also suggested that we increase the font size on the map for readability. Best Pots has also given us a price break on facilities. We will need to have some located at the Pleasant Valley water stop. Cyclotopia will be available at the start of the ride to do some bike mechanics. Socks in assorted sizes will be ordered.

Larry Fratkin gave an update on the Summer Glacier/Jasper tour. Information will be available on the website. The plan is to meet the first Sunday in August and start the ride that Monday morning. Expenses may be around \$22 a day for food and camping.



Strawberry Century Updates

The Massage Clinic of Tigard will be providing massage services for riders at the Strawberry Century. This will be their second year at the event. They can help you relieve those sore muscle aches after riding the event. Visit their website at:
www.yourmassageclinic.com.

Bicycle mechanics from Cyclotopia of Corvallis and Stutzman's of Lebanon will be providing minor bike repair services to riders at the start of this year's Strawberry Century. They can help you enjoy your ride with a trouble free bike.

The Rocky Rockies 2005 Tour Meet Sunday, August 7, 2005

The date for the ride has been set to Sunday, August 7. We will meet in the afternoon in Glacier Park and start out early the next morning on the 'Going To The Sun' highway. Chuck, who did a fine job on last year's ride, will be driving sag. So far there are five riders

going and there's room for more. You may join and/or leave the ride en-route to fit your time schedule. This is going to be a low cost adventure. Riders will pay for food and lodging (mostly camping) and help out with cooking and cleaning chores.

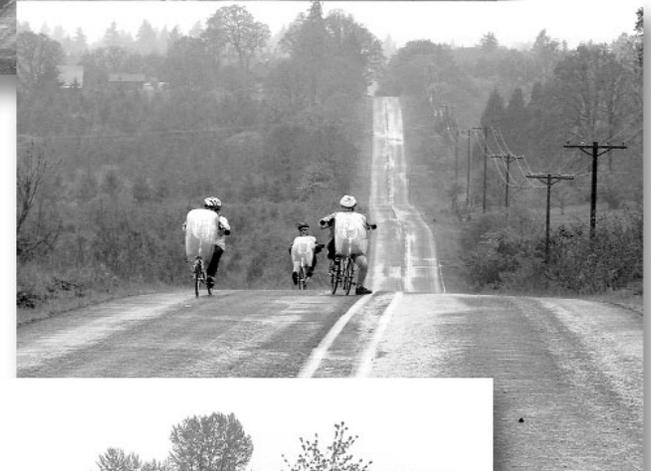
See <http://SantiamSpokes.org/RockyRockies.html> for details.

Stutzman's Bicycle Shop

Service • Parts • New Bikes • Accessories

Show this ad to Bobby or Gene for 10% off any shop repair job.
(Limit one per customer)

Phone: (451) 259-6301 • Fax: (541) 259-6302
1524 South Main • Lebanon, OR 97355



Riding in the rain - Jefferson to Stayton via Ridge Drive. Beautiful views that even the rain and mist couldn't hide.

May 2005 RIDES

May 7, Saturday, 9:00 am

Bike Rodeo at the Lebanon Fire Station

Ride to Corvallis after the rodeo

Bike rodeo at the Lebanon Fire station. Flat ride to Corvallis and back. ride leader to be determined. Approx. 46 miles

May 14, Saturday, 9:00 am

McDowell Creek Ride

Ride leaders-Kari and Ron Kropf Start at LCH. 451-4446. Bring a lunch. Hopefully we will have sunshine this year. Short ride of 33 miles with some rolling hills.

May 21, Saturday, 9:00 am

Lamb and Wool Festival Ride

Meet at Jefferson Middle School and ride to Scio for the Lamb and Wool Festival parade. Flat. Approx. 35 miles. Ride leader-Wanda Knight. 926-5999

May 28, Saturday, 9:00 am

Sisters/Old McKenzie Highway

2-Day Ride

Riders should arrange to carpool to Sisters, leaving around 8:00 am. The ride follows the old McKenzie Highway to the Dee Wright Observatory. Prepare for cold weather at the top. The distance is 26 miles with a long climb to the summit. The Sunday ride will be riders' choice. Those spending the weekend will stay at a home in Sisters at Tollgate Village. Ride leader needed.

Membership Application In Santiam Spokes, Inc.

• Please Print Clearly •

Release Waiver

I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

() Individual-\$10/yr. () Family-\$15/yr.

Signature of 1st member _____ date _____

Signature of 2nd member (if family app) _____ date _____

Signature of 3rd member (if family app) _____ date _____

Signature of 4th member (if family app) _____ date _____

Complete both sections of this form and mail it with your check to:

Santiam Spokes, Inc.
c/o Lebanon Community Hospital
P.O.Box 739, Lebanon, OR 97355

You're now a member. We'll send you membership materials & Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

_____ name of first member

_____ name of second member, if family application

_____ name of third member, if family application

_____ name of fourth member, if family application

_____ mailing address

_____ city _____ state _____ zip _____

() _____ () _____
home phone (important) work phone (if avail)

_____ e-mail address (important)

Sign Liability Release To The Left

••••• Optional Information Below •••••

() age 1st member () age 2nd member
() age 3rd member () age 4th member

_____ Occupation of any applicant

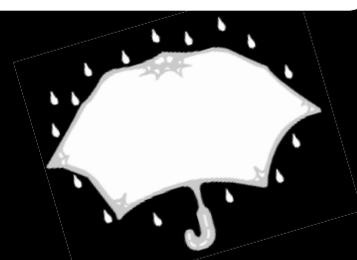
() I am a member of the League of American Bicyclists.
() I am a member of Adventure Cycling.
() I belong to other bicycling clubs as listed below:

Ride Preferences (i.e. enjoy most, do most)

() Easy (3 - 15 mi.) () Sport (20 - 50 mi.)
() Tour (30 - 80 mi.) () Competitive (40 - 100 mi. fast)
() Off-road (i.e. mountain biking)

May 2005 Cycling • Santiam Spokes

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	Wed. Wanderers For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084	Club Meeting LCH • 7:00 5	Saturday May 7, 2005 9:00 am Bike Rodeo & Ride to Corvallis Starting Location: Lebanon Fire Station Distance: 46 miles Ride Level: flat Ride Leaders: to be determined Meet at the Lebanon Fire Station for the Bike Rodeo. After the Rodeo, ride to Corvallis for Lunch.	7	
8	9	10	Wed. Wanderers For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084	Please submit material for <i>May Outspoken</i> by today to Kari Kropf: kropfrk@comcast.net PO Box 1183 Lebanon, OR 97355 541.451.4446	Saturday May 14, 2005 9:00 am McDowell Creek Park Ride Starting Location: LCH Distance: 33 miles Ride Level: Some rolling hills Ride Leader: Ron & Kari Kropf, 541-451-4446 Ride to McDowell Creek Park. Bring a Lunch.	14	
15	16	17	Wed. Wanderers For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084	18	Saturday May 21, 2005 9:00 am Lamb & Wool Festival Ride Starting Location: Jefferson Middle School Distance: approx. 35 Miles Ride Level: Flat Ride Leader: Wanda Knight, 541-926-5999	21	
22	23	24	Wed. Wanderers For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084	25	Saturday May 28/29 2005 8:00 am Sisters/Old McKenzie Hwy. 2-Day Ride Starting Location: Tollgate Village in Sisters, Oregon Distance: Miiles 26 Ride Level: Long climb Ride Leader: To be determined. The Sunday ride will be riders' choice.	28	
29	30	31	<p style="text-align: center;">Rain, Rain, Go Away . . .</p>				




Santiam Spokes, inc.
 c/o Lebanon Community Hospital
 PO Box 739, 525 North Santiam Hwy.
 Lebanon, Oregon 97355
www.santiamspokes.org