

OUTSPOKEN

Newsletter of Santiam Spokes, Inc. • Volume 13, No. 9 • June 2005

... President's Comments ...

by Charles Taylor

Bike shops Around Town

Does everyone in the club know about all the bike shops we have in and around town. I started out visiting all the Corvallis, OR, bike shops with a little advertising for the Strawberry Century. I gave each shop two free T-shirts to be worn in the weeks prior to the June 11, 2005 Strawberry Century.

I first stopped at Peak Sports, and spoke to Josh Foss. Peak started as a bike shop 30 years ago. Over the years skiing, canoes, and hiking services have been added. They fit bikes using a new laser scanning device called CRM. This service is provided free of charge. At the present time they are not using their Fit Kit, or Sorrotta fitting bike. They feature Specialized, Trek, Gary Fisher, and Bianchi bike. They carry both mountain and road bikes. Test rides are first started with CRM body scan, then a 10-15 minute test ride around town. Everyone at the shop rides. And three people compete. They are giving 10-50% off on parts and accessories the rest of this month. As I was

leaving I saw Roger Gaither purchasing a new Trek helmet, for \$39.

Next stop was Bike N' Hike; Tim Spencer told me they have a total of 6 stores. One store in Albany, one in Corvallis and the others are in the Portland area. They feature Felt, Giant, Kowa, and Burley bikes. But Felt bikes seem to be a favorite of people buying; they are light weight with aluminum & carbon fiber frames. They will let you test ride bikes for a day. Everyone at the shop rides and Betty and Dave compete. Right now they are giving 20% off on all 2004 bikes.

Right next door is Corvallis Cyclery where I spoke with Carl Gurney. The business was started about 1978, and has always been a bike shop. They offer personal bike fitting, build custom bikes & wheels. Recently they added custom wheels and equipment to a recumbent that was being ridden across the USA. They feature Trek, Klein, and the City cruiser bikes by Electric. The test rides are around town or using the bike path. Everyone at the store rides mostly mountain bikes. All Klein and City bikes are on sale now.

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Lunch at McDowell Creek Park.

13th Annual Strawberry Century 102 (or 72 or 55) Sweet Miles By Bicycle Sat., June 11, 2005 • 7:00 or Later Lebanon Union High School

Join your friends and friends-to-be on the 2005 Strawberry Century tour. Hop on your bike in beautiful June weather and enjoy 102, 72 or 55 miles of rolling to moderately hilly landscapes, historic towns, and scenic views of the Cascades and Willamette Valley. Your ride will take you on little traveled backroads of Linn County along the Santiam and Calapooia rivers. There is great food at two full sag stops culminating with a fresh strawberry dessert at the finish! Several other water stops with bananas and cookies are along the routes also. Then, there are the people who make it all happen — a warm, friendly, and helpful group who direct you at important points, serve you food, and help out in an emergency. The Strawberry Century is a great way to start off summer.



Information from the Strawberry Century Brochure by Roger Gaither

May Rides

Photographs courtesy of Kari Kropf



On the road to McDowell Creek Park.

Welcome Our New Members!

Aletha Robinson

Scott Chapman family

Jessica Coward

Maurice Banning

Carol Gregory

Discover Portland/Vancouver Bikeways and Bridges

Saturday, July 23rd

Coffee and pastries at 9:00, Ride starts at 10:00 AM

Becky and Louie Berry's Home

8508 NE Schuyler Street, Portland, Oregon

503-252-6680

Join your Portland members for a tour of off-street paved multi-use facilities. This 40-mile loop will include the I-205, the Springwater Corridor, the Tidewater Cove, and the Eastside Esplanade. We'll stop mid-ride for lunch at the Saturday Market then head over to River City Bikes to see the latest bike swag. Our route back takes us along the Willamette River, stopping briefly at Share-It Square. We'll cut through the Sellwood Neighborhood and take a jaunt through Tidman Johnson Park to get us back on Springwater Trail. Plan on about 6 hours for this tour. Cool down with a shower and stay for

cold pop, burgers, and potato salad after the ride.

To get to Louie and Becky's, take I-5 North to the I-205 North cutoff. Follow it to Glisan Street Exit. Turn left (West) off the exit until you come to 82nd Ave. Turn Right (North) on 82nd Ave. Follow it to NE Schuyler Street (Banfield Vet Hospital is on the corner) and turn Right (East) to 8508. Phone 503-252-6680. Before and after accommodations available either at Louie and Becky's or the Day's Inn, 1530 NE 82nd, 503-253-1151, \$40 to \$50, 3 blocks away. Please RSVP.



Stutzman's Bicycle Shop

Service • Parts • New Bikes • Accessories

Show this ad to Bobby or Gene for 10% off any shop repair job.
(Limit one per customer)

Phone: (451) 259-6301 • Fax: (541) 259-6302
1524 South Main • Lebanon, OR 97355

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At Cyclotopia, started in 1995, I spoke with Glen Eppick one of the owners. Glen rides his bike to work every day. He is semi-retired from bike racing, only competing in a few events last year. The shop features Jamis, Cannondale and Breezer commuter bikes. Glen likes to fit bikes to a persons body build, riding goals and strengths. They offer demo bikes to take home for a day or two trial. After a bike purchase; seat, stem and cable adjustments are done at no charge. Currently all winter clothes are 25% off at Cyclotopia.

Stutzmans Stove and Bicycle in Lebanon, OR is owned by Gene Stutzman. The store started as a stove and fireplace store about six years ago. But, Gene said there was very little demand for stoves in the summer. The shop features mountain, road, and BMX bikes. All types of bike work are done, except painting and fixing bent frames. In his small shop Fuji, BMX, KHS, and Redline are brands carried. Also KHS Flyer, a city bike that looks like an old Schwinn from the 1950's. Test rides are around the neighborhood. For customers who purchase a bike, one year free service is given. The store is the sponsor of a bike team. Bobby rides to work every day. Gene himself spends his free time fly fishing. But has old war stories of 10 years participating in the pole, pedal, and paddle race in Bend, OR. All bike club members get 10% off on parts.
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May Meeting
Thursday, 7:00 pm, June 2, 2005
Lebanon Community Hospital

June/July 2005 RIDES

June 4, Saturday, 9:00 am Pre-Strawberry Century Ride

Pre-Strawberry Century will be led by Bev Henderson. We will meet at Leb. Comm. Hospital and ride the 55 mile leg of the Strawberry rides. Those interested in doing so may ride the extra legs, totaling either 72 or 102 miles.

June 11, Saturday, 9:00 am Strawberry Century Ride

If you haven't volunteered to help, please do so.

June 18, Saturday, 9:00 am Albany to Brownsville Pioneer Picnic Celebration

Ride through mostly flat farmland to Brownsville. Leave from the fairgrounds in Albany. Observe Pioneer Picnic celebration and return to Albany. Kari Kropf will lead this one.

June 25, Saturday, 9:00 am Jefferson to Monmouth Loop

Jo and Ace Johnson will guide us from Jefferson Middle School to the bridge crossing at Independence and bring us back on the Buena Vista Ferry. We can socialize with the Cycle Oregon Weekend riders???

July 2, Saturday, 9:00 am Waterloo Stage Ride

Start at the fairgrounds in Albany or the Lebanon hospital. Leave from one of the two starting points and meet at Waterloo picnic grounds for food, fun, etc. Bill Pintard is in charge of this one. It was a fun event last year too.

July 9, Saturday, 9:00 am McMinnville Turkey Rama

We will meet at Maud Williamson State Park. Ride through a mostly flat course to McMinnville for their Turkeyrama celebration. Event schedule will be provided. Ride Leader - Can you say volunteer?

July 16, Saturday, 9:00 am DaVinci Days, Corvallis

Ken Fullen will provide the escort from the Linn County Fairgrounds(Albany), South through farmlands and Tangent to Peoria Road. We will be returning via Riverside Drive.

July 23, Saturday, 9:00 am Ride Around Portland with the Blueberry's

Join your Portland members for a tour of off-street paved multi-use facilities. This 40-mile loop will include many of the local bike paths. Following lunch at the Saturday Market we'll head over to River City Bikes to see the latest bike swag. Our route back takes us along the Willamette River, the Sellwood Neighborhood and through Tidman Johnson Park. Plan on about 6 hours for this tour. Cool down with a shower and stay for Cold Pop, Burgers, and potato salad after the ride.

July 30, Saturday, 9:00 am Ride to Crabtree

Ride to Crabtree for lunch at the Crabtree Tavern. Leave from Jefferson Middle School, take Ridge Road and Richardson Gap into Scio. Follow Gore Road and Gilkey Road into Crabtree. Enjoy great scenic views from Ridge Road. Flat ride back to Jefferson after lunch. Who will lead this one??

Minutes, May 5, 2005

by Kari Kropf

The meeting was called to order by Beverly Henderson. Dennis Murphy gave the treasury report and Mary Ellen Lind gave the membership report, and passed out the May roster. One new member was present at the meeting. Maurice Banning, who joined us on the Newport Ride. There were also several other new members not present at the meeting.

Bill Pintard and Wanda Knight gave the ride report for May. The ride committee will be meeting this month to plan the June/July rides. It was mentioned that we should use full names in the ride descriptions, rather than abbreviations (such as LCH) as new riders, and members who live outside the area don't always know what the abbreviations stand for. Bill also brought up that Louie and Becky Berry have invited the club to join them on a Portland ride - a chance to learn to ride in the city.

Old Business: It was decided that any bi-law changes and changes in club dues would be postponed till the board can discuss it further, present it to all members, then there could be a vote on any changes, should they occur. A ballot would be mailed out with the July newsletter allowing everyone an opportunity to vote. Any changes would not take place until October. There will be a board meeting in June at 6:00 before the general meeting to discuss the details and to go over the Strawberry Century.

Dian Gerstner went over the latest details concerning the Strawberry Century. Socks have been ordered. Shirts will be ordered

once we have a head count of volunteers. It would be nice to have 14 pointers - enough so that they can spell each other for breaks. Roger Gaither may have a group to volunteer for this duty. Changes to the route map were noted on the 55-mile route. The return through Lebanon has been slightly altered to avoid some busy intersections.

New Business: The Sisters/Mackenzie Hwy. Ride over the Memorial Day weekend will begin Saturday at 10:00 at Sisters High School. There are overnight accommodations for the weekend. Charles and Connie Taylor are the ride leaders and contact for the weekend. The July meeting will be at Appletree Restaurant in Lebanon. Bill Pintard has extra tee-shirts from past centuries. We discussed the possibility of giving these away at Get In Gear and/or the Bike Rodeo. Sally Skaggs is doing the rodeo this year. She has goodie bags to give out and is looking for a few volunteers to help with basic mechanics. A bike stand would be useful and helmets to hand out are needed. Bill mentioned that the Lebanon Police Dept. might have helmets available. A request has been made that volunteers for the Bike Safety Program need to have a background check. This program is run through the schools. They also need to hire an instructor and need materials.

Meeting adjourned at 8:50



Wanted:

Trail-a-bike in good condition.
Contact Sally Skaggs
at 541-258-5337

Scio Lamb and Wool Fair



At the Lamb & Wool Fair in Scio.



Riding over Green's Bridge on the return from Scio

Who is this?

My first bike.

The hill in the background is the one I rode down to learn how to ride. The bike was my brother's little blue sting-ray. I thought it was too tall for me with the banana seat (short, hmmm that's a hint), so my dad took the regular saddle off my brother's **other** schwinn and I used it instead. I wonder why my brother had two schwinn and I had hand-me-downs?



If you would like to share a photo, memory or story from your past-biking days contact Kari Kropf at kropfrk@comcast.net or 541-451-4446. I would love to include them in an upcoming newsletter! So, who is it? Answer: Kari Kropf

Club Information

Santiam Spokes is a recreational bicycling club for cyclists of all ages & abilities. The Willamette Valley offers wonderful roads through beautiful farmland with plenty of hills nearby. We ride weekly Saturday year-around plus other times during the dryer months. Club meetings are normally each month the first Thursday at 7:00 PM at the conference center of Lebanon Community Hospital. See Outspoken for specifics. The public is invited to the rides & meetings. 2004/5 Club officers are: Membership > Mary Ellen Lind, 541-738-8600. President > Charles Taylor, 541-258-1850; Vice-President > Bev Henderson, 541-461-3884; Ride Captains > Wanda Knight, 541-926-5999 & Bill Pintard, 541-967-3295; Secretary & Newsletter > Kari Kropf, 541-451-4446; Treasurer > Dennis Murphy, 541-738-8600; Historian & Publicity > Bill Pintard, 541-967-3295; Web Master > Larry Fratkin, 503-526-3977. Membership information and form are posted on our web site (santiamspokes.org), or call any of the officers.

Membership Application In Santiam Spokes, Inc.

• Please Print Clearly •

Release Waiver
I waive any and all claims against the Santiam Spokes, inc. and its sponsor Lebanon Community Hospital and any other group associated with them in their programs. I agree not to hold them responsible for any accidents or injuries that I may experience as a participant in any of their activities. Further, I agree not to hold them responsible for damage to any property or equipment while participating in any of their activities. I agree to release them from any and all liability of any kind or nature, and by so doing I am allowed to participate in Santiam Spokes, inc. activities and programs. I agree to wear an A.N.S.I. or Snell approved helmet while participating in any and all Santiam Spokes rides. I agree to practice safe and courteous riding procedures and techniques and will obey all traffic regulations while participating in any and all Santiam Spokes rides.

name of first member

name of second member, if family application

name of third member, if family application

name of fourth member, if family application

mailing address

city

state

zip

(_____)_____
home phone (important)

(_____)_____
work phone (if avail)

e-mail address (important)

Sign Liability Release To The Left

(_____) Individual-\$10/yr. (_____) Family-\$15/yr.

Signature of 1st member

date

Signature of 2nd member (if family app)

date

Signature of 3rd member (if family app)

date

Signature of 4th member (if family app)

date

..... Optional Information Below

(_____) age 1st member (_____) age 2nd member

(_____) age 3rd member (_____) age 4th member

Occupation of any applicant

(_____) I am a member of the League of American Bicyclists.

(_____) I am a member of Adventure Cycling.

(_____) I belong to other bicycling clubs as listed below:

Ride Preferences (i.e. enjoy most, do most)

(_____) Easy (3 - 15 mi.) (_____) Sport (20 - 50 mi.)

(_____) Tour (30 - 80 mi.) (_____) Competitive (40 - 100 mi. fast)

(_____) Off-road (i.e. mountain biking)

Complete both sections of this form and mail it with your check to:

Santiam Spokes, Inc.
c/o Lebanon Community Hospital
P.O.Box 739, Lebanon, OR 97355

You're now a member. We'll send you membership materials & Outspoken. Come to the next meeting and take part in the rides. Get involved in all club activities. The Club is what we make it.

June 2005 Cycling • Santiam Spokes

Sun

Mon

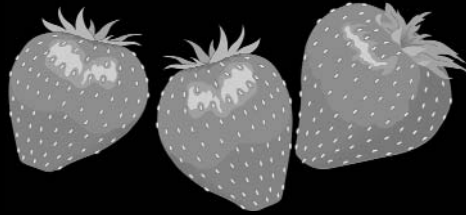
Tue

Wed

Thu

Fri

Sat



Wed. Wanderers

For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084

CLUB MEETING

Lebanon Community Hospital
7:00 pm

Saturday June 4, 2005 9:00 am Pre-Strawberry Century Ride

Starting Location: Lebanon Community Hospital, 525 N. Santiam Hwy., Lebanon
Distance: 55 miles (70, 103 miles optional)
Ride Level: hilly
Ride Leaders: Beverly Henderson, 541.461.3884

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Wed. Wanderers

For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084

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Saturday June 11, 2005 Strawberry Century

Starting Location: Lebanon High School, 1700 S. Fifth, Lebanon
Distance: 55, 70, 103 miles
Ride Level: hilly
If you haven't volunteered to help please do so

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Please submit material for May Outspoken by today to Kari Kropf: kropfrk@comcast.net PO Box 1183 Lebanon, OR 97355 541.451.4446

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Wed. Wanderers

For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084

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Saturday June 18, 2005 9:00 am Brownsville Pioneer Picnic Ride

Starting Location: Linn County Fairgrounds, 3700 Knox Butte Rd. NE, Albany - meet at the flagpole
Ride Level: Some Hills
Ride Leader: Kari Kropf, 451.451.4446
Join us for a ride to the Brownsville Pioneer Picnic

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Wed. Wanderers

For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084

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Saturday June 25, 2005 9:00 am Jefferson - Monmouth Ride

Starting Location: Jefferson Middle School, 1344 N. 2nd, Jefferson
Ride Level: Some hills
Ride Leader: Jo and Ace Johnson, 327-2813
Ride to Monmouth. Return via Buena Vista Ferry

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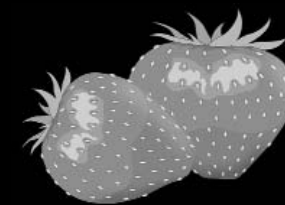
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Wed. Wanderers

For info or to start a ride call: Bill Pintard @541-967-3295 or Ken Fullen @ 541-327-2084

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 **Santiam Spokes, inc.**
c/o Lebanon Community Hospital
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